

## MEET YOUR NEIGHBOR

# INA CELEBRATES HER 100<sup>TH</sup>!

## Ina Frymire is The Lady of the Year at Menlo Commons



**TGN:** Ina, what exactly is the date of your birth?

**Ina:** It is March 2, 1914. I was born in a little town in Kansas - Burdick. My family has a Swedish background. My relatives are spread out now in several states - Washington, Oregon, North Carolina, Texas, Kansas, and also California.

**TGN:** Tell us about your children and grandchildren.

**Ina:** I have two sons, Harlan and Bruce. Harlan lives in North Carolina, and was an agent with the FBI. Bruce lives in Menlo Park, and was in computer technology. (I need him to fix my computer from time to time). He also is a good writer and has written speeches for people. I have two grandsons and two granddaughters. Holly is an assistant District Attorney in Texas, Charlie is a graduate of the University of Oregon and works in Portland. Ellie is a graduate of Villanova and lives in Philadelphia. Brian has a new job. I also have one great-granddaughter.

**TGN:** So upon your reaching 100, what is your advice to the rest of us?

**Ina:** I think the good die young. So I enjoy my life - I play bridge at least twice a week at Little House and with friends, I like to read, and I play free cell and scrabble. I watch a little TV (I liked the ice skating and ice dancing at the Winter Olympics). I used to knit and play golf. Now instead I just watch golf on TV. I fix my own meals (but fixing a 5 minute meal is about my limit). When I was younger I

enjoyed traveling. I also used to volunteer at church and Discovery Shop.

**TGN:** Where have you been and what have you done?

**Ina:** Originally I worked as a secretary in Wichita, Kansas, in various businesses. I married my husband Harlan in 1939, and he was involved with farm equipment. So we lived in El Centro, Fresno, Stockton, South San Francisco and then in 1957 he was transferred to London. Well, I never had tea with the Queen, but I did have tea with the Duchess of Kent and Princess Alexandria at the American Women's Club in London. We traveled to Brussels, Belgium, where we were for two years before returning to the US. We were in Indianapolis for a while, and then Harlan retired and we moved to San Diego. He died in 1981. In 1999, I moved to Menlo Commons so I could be in Menlo Park with Bruce and two of my grandchildren.

**TGN:** What do you like about Menlo Commons?

**Ina:** I like the friendly people here. I also have attended Menlo Park Presbyterian Church. Having the family close by and available is nice.

**TGN:** I understand that there have been some parties to help you celebrate number 100.

**Ina:** Yes, there was the party that Shirley Stewart put on for me, and then my family party, and I have enjoyed time with the group of friends I have gotten to know at Menlo Commons.

**TGN:** Thanks, Ina, for sharing with us. We will have some pictures of your parties on the next page for our readers to enjoy.



Many Menlo Commons residents were at the party for Ina at Shirley Stewart's on February 26



A Chocolate Cake for Ina's 100<sup>th</sup>



The Table & Guests Lois Cardinal and Parnian Kaboli



Betty Smith Enjoys the Party



Hostess Shirley Stewart and Ina



Helen Olson and Gerry Gilchrist



Ina and Marilyn Palmer

Ina, her family, and friends at a catered dinner with a jazz trio, March 1, at Menlo Commons Room



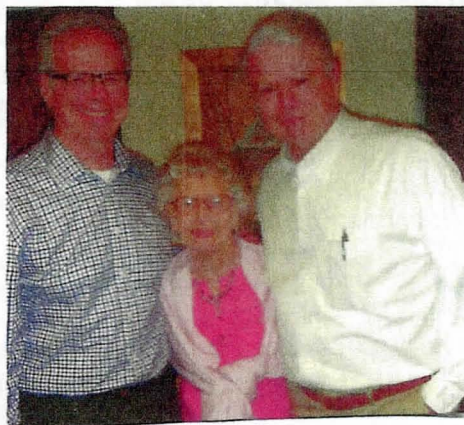
The family and guests attend Ina's party



A jazz trio adds lively background music



Another Cake for Ina



Ina and her two sons, Bruce and Harlan



Ina and her great-granddaughter Maddie