The Good Neighbor

A Monthly Publication for Menlo Commons Residents MEET YOUR NEIGHBOR

Steve Luder: "I Haven't Seen A Better Place" Just Here Since the First of March - He Loves Menlo Commons



TGN: Steve, where do you come from?

April 2015

Steve: I was born and raised in the Los Angeles area. I went into the Army when I was 18 and served in Viet Nam for 18 months. I became a special forces combat medic. After that, I came back and went to school at Cal State Los Angeles and gained a degree in business administration. I then went on to London School of Economics and England to get my Masters degree in Political Economics.

TGN: And then what did you do?

Steve: I went into the textile and apparel business and got involved in corporate finance in the Los Angeles area for about 20 years. During that time I was married and divorced. I moved north to the Bay Area and was in the high tech business for about 15 years also in corporate finance. I have been living up in the Bay Area since 1986, and I love it!

TGN: Tell us about your life here in the SF area.

Steve: I got married again and my wife had a 24 year old son so I have become a step-dad, he has two children (my grandchildren they are) and lives in Redwood City. So I have them as a family. My wife died of pancreatic cancer in 2009.

TGN: When did you move into Menlo Commons?

Steve: I had been living in Menlo Park for several years, I sold my home in 2014 and started looking for a new place to live. I found Menlo Commons and there was no better place! I purchased A303 the day I first saw it, and moved in a few weeks ago. I am next door to Ina Frymire and was invited to help celebrate her 101st birthday, I am still unpacking. Since then I have attended a homeowners association meeting, the town hall group, and the Spring Fling! I find it very comfortable, and it is a great location.

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TGN: What keeps you occupied these days?

Steve: I have been involved in psychotherapy at the Veteran's facility in Menlo Park. I am a licensed clinical social worker and deal with substance abuse and PTSD problems (Post Traumatic Stress Disorder). I find helping the people there very gratifying. I take continuing education classes at Stanford. In addition, I would like to find a girlfriend, although I am not looking very hard. I am approaching age 70.

TGN: Any other activities?

Steve: Well, I like to travel, usually with a group. I have done Italy -Rome, Pompeii, Florence, Venice. I would like to do some travel in Spain next.

TGN: So what are your observations about living at Menlo Commons?

Steve: I have not seen a better place. I bought unit A303 as soon as I saw it. I am fortunate to have found it.

TGN: Great, Steve, thanks for giving us the time to meet with you.

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The Spring Fling: A Good Time Was Had by All!



Ina Frymire (left), Marilyn Palmer (middle), and Gail Dearing (right) celebrate Spring and the month of Ina's 101st birthday



Margaret James serves some yummy hors d'oerves



Ken Rogers and Duane Clapp enjoy the festivities



Kent Bouma and Betty Smith having a good time together

Encased in a red binder, all back issues of The Good Neighbor are now available for you to read in the Menlo Commons Room. The Good Neighbor is written and published monthly for residents of Menlo Commons by Jim Palmer, E-303, jdpalmerjr@aol.com

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